

1. **Teach the STUDENT, not the content.**
2. **Use the PLATFORM!**
3. **Communicate with students ONLY in the All-School Group.**

USA Learns

This is a structured ESL course with multiple levels including intermediate. It uses videos, audio, pictures and text to help learners practice all four skills (reading, listening, speaking and writing). It's designed for adult learners and doesn't require payment.

<https://www.usalearns.org/free-online-english-courses>

ELLLO (English Listening Lesson Library Online)

Primarily strong for listening, this site also has quizzes and worksheets that support vocabulary and comprehension. Many lessons include text transcripts so you can read and listen side by side. Teachers and learners can use the materials for reading and speaking practice too. <https://elllo.org/>

ESL Fast / ESL Robot

A large collection of short stories, dialogues and conversations with audio. These help with listening and reading. There are associated exercises that support vocabulary and some writing and speaking prompts. <https://www.eslfast.com/>

Linguapress

Offers free reading texts and accompanying worksheets that cover listening, writing and speaking tasks. It's more of a resource hub than a course, but you can use the materials for self-study in all language skills. <https://linguapress.com/free-online-esl>

AgendaWeb – Pre-Intermediate Reading Comprehension

This site gives free interactive reading texts with comprehension exercises tailored to pre-intermediate learners. You can use reading texts to practice speaking and writing by summarising or discussing the stories. <https://agendaweb.org/reading/comprehension-exercises-pre-intermediate.html>

ISL Collective Worksheets

A large user-generated repository of ESL worksheets. You can filter by level and find reading texts, listening tasks, and activities that prompt speaking or written responses. These are downloadable and free to use. <https://en.islcollective.com/english-esl-worksheets/search/pre%2Bintermediate%2Breading%2Btext>

Tips for using these resources to cover all four skills:

- **Reading:** Use graded texts with comprehension questions (AgendaWeb, ESL Fast).
- **Listening:** Use audio lessons and transcripts (ELLLO, USA Learns).
- **Writing:** Do short written responses to comprehension questions or journal entries based on lesson topics (Linguapress).
- **Speaking:** Record yourself summarizing lessons, repeat dialogues aloud, or use interactive speaking prompts where available (ESL Robot).